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the monthly magazine of north carolina's electric cooperative

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HOMEMADE IN CAROLINA COUNTRY Our 1998 Gift Guide

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Editor

Michael E.C. Gery, ext. 3062

Associate Editor

Kim Whorton Tripp, CREC, ext. 3134

Art Director

Leisha L. Hodgson, ext. 3090

Assistant Editor

Renee C. Gannon, ext. 3209

Contributing Editor

Owen Bishop, ext. 3034

Business Coordinator

Jenny Lloyd, ext. 3091

Advertising Manager

Jennifer Boedart Hoey, ext. 3077



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On the Cover

"Hands of Service," a new painting by Richard Tumbleston of Boone. Prints are available. Proceeds benefit the new 4H Environmental Education Center in Tyrrell County. See page 16 for details.



Readers' comments

Livermush, apple cobbler and Thanksgiving dinner

These three stories came from Joyce S. Guthrie, a member of Rutherford EMC who lives near Bessemer City. Her daughter, Regina Clark, and her brother, Charlie Stiwalt, also contributed to this group.

There must be more of these stories from the Stiwalt family, because there are 10 families, all related, living in the Puetts Chapel-Stiwalt Farm area on the farm that John Stiwalt bought in the 1930s. Joyce and Charlie are John's children, as was the late Merry, who moved on to Mississippi but kept part of the North Carolina foothills with her at all times. —MG

Livermush forever

My sister Merry lived in Mississippi, and she loved livermush, but she couldn't get it out there. We were raised on a big farm, so we ate a lot of livermush. When we killed a hog back then, we didn't throw any part of the hog away. My mother would make us homemade livermush from scratch.

So when we would go to see Merry, we would pack her a cooler full of Mack's Livermush, which is made in Shelby, N.C. She would freeze it, and any time her taste buds craved good livermush, she could get a pack out of the freezer. Quick as we arrived at her house, she would open the cooler, and her eyes got big, and she would get two packs of the North Carolina livermush out and start frying everybody livermush sandwiches.

Eating those sandwiches brought back so many good memories of growing-up days when we argued which was better on a big, thick livermush sandwich: mayonnaise or mustard, or with eggs and grits? Well, Merry picked up a big, thick piece of livermush from the plate and between her fingers she started eating it. She said, "This the best way," and popped a half piece in her mouth.

*Charlie Stiwalt
Bessemer City
Rutherford EMC*



Why did the turkey cross the road?

One day as I got on I-85, an 18-wheeler came by me hauling a load of turkeys. Just then, a big fat, white turkey fell off the truck, and landed by the side of the road. I wanted to stop and get it, but I was late for work and couldn't stop.

I thought about that turkey and wanted him for Thanksgiving dinner. As I went on down I-85, I waved to my brother, Charlie, and his crew, who were doing paving work for the NC DOT. Unknown to me, Charlie had seen the turkey, too. He picked it up and took it home to his wife, Edith, to pluck.

When I got home that night, I called Charlie. He told me that they were cookin' a turkey.

I said, "Where'd you get a turkey?" He said he saw it fall off a truck on I-85.

I told him that I saw it, too, but I couldn't stop to get it.

Ours is the leading state for raising turkeys. So, on Thanksgiving, when everybody is gathered around the table, most likely your turkey came from our wonderful state of North Carolina.

*Joyce S. Guthrie
Bessemer City
Rutherford EMC*

Hauling apples to Mississippi

There was a big apple house near us, and they had apples almost year-round. When we called our friends in Hurley, Mississippi, to tell them that we were coming to see them, they would want us to bring them two or three bushels of North Carolina apples. We'd put the baskets full of apples onto the back of the truck and haul them all the way to Mississippi.

When we got there, they would run out to meet us, and they would start eating apples before we got into the yard good! All that week, we would feast on apple cobbler with ice cream, and apple pie. Their kids wouldn't eat much supper, because they all wanted to save plenty of room for apple cobbler and apple pie! It made us proud to know that the centerpiece, and main attraction, came from the state of North Carolina.

*Regina Clark
Bessemer City
Rutherford EMC*

Helping bees helps us, too

The story "Where have all the bees gone?" [September 1998] was very true, and I as a beekeeper know this to be so. I hope your readers will take this to heart the next time they get out the spray cans in their gardens.

Please read and follow all label instructions so you will help the bees and in turn us. Thanks for a great and timely article on this important subject.

Charles Starkes

Gates

Roanoke Electric Cooperative



Seeking value in manufactured housing

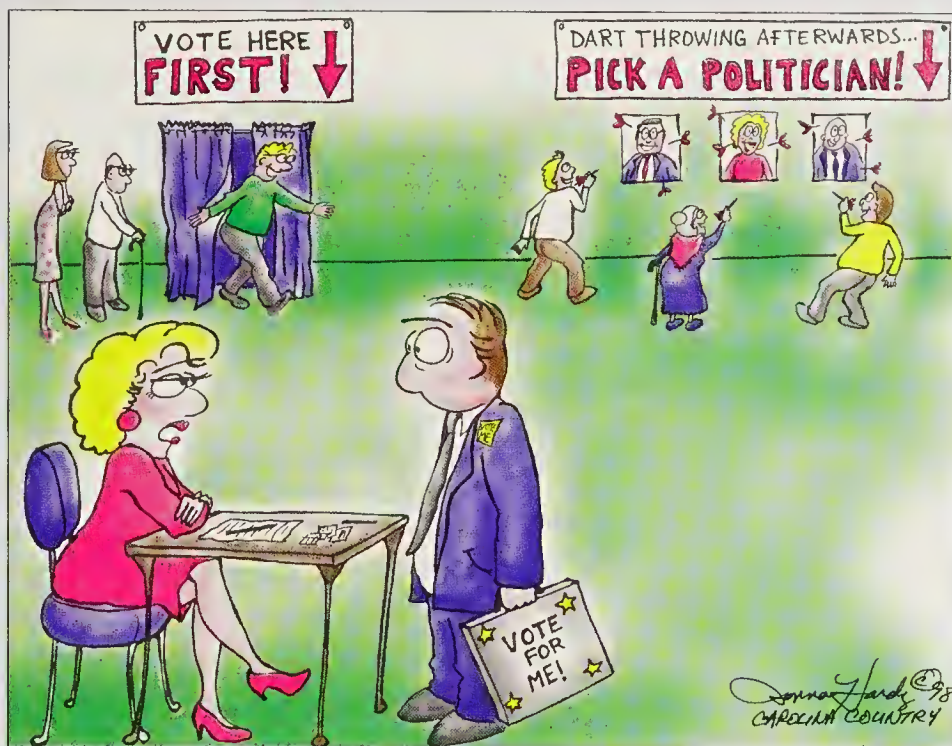
I have just read the commentary about "trailers" by Terrence W. Reigel of Boone ["Commentary," August 1998]. He obviously feels that his property was depreciated well under its value. As the past owner of a "mobile home," I find that most persons overlook the important word "home." While trailers or mobile homes do not increase in value as fast as traditional homes, they do increase in value. How well we maintain and landscape them adds to the value of the home just as it does with other forms of real estate.

We purchased a 1967 mobile home in 1983. We paid \$4,000 for the home and sold it three years later for \$6,000. This may not seem like a sizable profit, but we had lived in this home for three years.

In 1986 we purchased our first brand-new home, a doublewide. A big step up, right? Having struggled to pay for the land to place it on, we were really proud of ourselves. We had worked hard at minimum wage jobs to accomplish it. Then the shingles came off three different times. The bathroom floor started to sink, and the ceiling cracked over our dream fireplace. In the middle of February our light bill hit \$300. The furnace vents had come loose, because they were taped in place. The manufacturer didn't want to fix anything although we supposedly had a five-year warranty.

Without the support of the North Carolina Department of Insurance, we would never have gotten any of those things fixed. As it was, the work was done shoddily, and it took three different crews to fix what was fixed.

continued on page 6



"It's our way of encouraging voter turnout."

What's the order of drawers in a Clark's Skein thread box?

Perhaps there's an "antique buff" out there who can give me the information I've been searching for.

I have recently had a pair of antique Clark's Skein Thread Boxes restored. The cabinets stack on top of one another and they both have six equal drawers approximately 2 7/16 inches deep. On the front of each drawer is a glass plate with writing underneath each plate. The six drawers (on each cabinet) are labeled exactly as follows:

Clark's
O.N.T.
White
Fast Black
George A. Clark
Sole Agent

Before I had the cabinets restored, and after, the drawers on the top and bottom cabinet were randomly inserted into the cabinets in different orders. My question is: What is the correct order, from top to bottom, that the drawers should be inserted into the cabinets? Keeping the authenticity of the cabinets is very important to me.

Thanks to Carolina Country for all of your insightful and interesting features in every issue. I look forward to finding each one in my mailbox. Also, a special thank you to the Roanoke EMC for restoring our power so quickly during Hurricane Bonnie. They are always quick to respond to our calls during power outages. They even came last Christmas Eve at about 10:30 p.m. to "light up our Christmas" during a horrendous rainstorm.

Emily Rascoe
405 Rascoe Club House Road
Windsor, NC 27983

Readers' comments

Seeking value in manufactured housing *continued*

Your article is invaluable ["A Consumer's Guide to Manufactured Homes," April 1998]. Prospective buyers need to know what to expect and what true quality is. My point in the differences of my two mobile homes is the older home was actually in much better shape than my new home, and this should never have been.

Manufactured housing, whether manufactured in a building and then moved to a chosen site, or manufactured right on your own lot, should always come with backed-up guarantees. (Try getting a contractor to fix something five years after he builds it.)

Young people on minimum wage jobs cannot afford the standard home our parents expected to be able to afford. Everyone talks of the all-time low interest rate, but when the average house is now \$120,000, low interest doesn't help. Minimum wage salaries for two people might equal \$325 per week. The house payment on \$120,000 would probably be \$850 per month. This leaves no funds for childcare, light, water, telephone or insurance and taxes. Mobile homes are a viable option.

Anyone looking for value for their dollar should look into mobile homes or modular homes. Note the difference in the two is that the mobile or doublewide is set up on its lot and the steel frame is left attached to it. The modular home's metal framework is removed. Think about it: these homes are constructed to be moved. Does this not stand to reason they have to be built better? Furthermore, they have to pass federal inspection and most come with a warranty, if you can get the manufacturer, dealer and transporter to stand behind them.

So, thank you for the article.

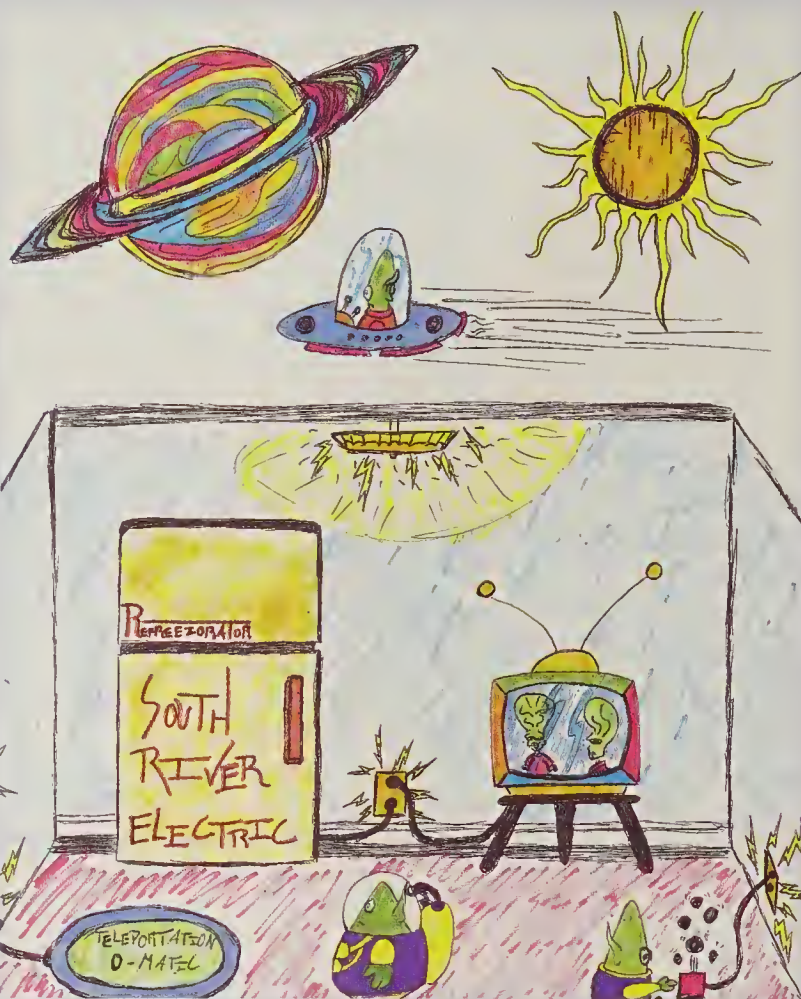
Debra Knight
Waynesville
Haywood EMC

I prefer the readers' recipes

I prefer the old presentation of recipes. I was forever cutting out the readers' recipes. The newer presentation calls for ingredients I seldom use.

Margaret Monroe
Pinehurst

This year, we began publishing recipes containing North Carolina foods, and when possible we included a picture of the prepared dish. We can't take an accurate survey, but if many of you agree with Margaret Monroe, we will consider changing the recipes. (See our mail addresses on page 4.) —MG



South River EMC has always served its members reliably, and always will.

Art by Ben Baldwin, age 15

Need an old tobacco barn?

A few days ago my father called to ask if I kept my old magazines. He wanted to look at an issue that contained an article about people tearing down old tobacco barns for the wood. Seems the nicotine stains the wood and makes an interesting color.

I'm wondering if any of your editors might remember this story. I'd love to have a copy of the story if possible, or just a name of someone who is looking for these old barns. My father has three of them that he would love to have removed.

Walt Edmundson
648 Lawrence Road
Wake Forest, NC 27587
Wake EMC

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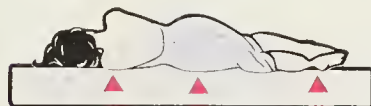
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Utility deregulation could benefit conservative consumers if enacted fairly and sensibly

By Lawrence W. Caples

Many people have heard that electric utility deregulation is coming, so we might as well get used to it. This thinking is fatalistic, shortsighted and factually inaccurate. Even the U.S. Department of Energy's proposal admits that deregulation cannot be made mandatory on the states.

The best analogy to this situation came from Mr. A.B. Stewart, of Ashe County, who observed that telephone deregulation has not delivered many of the benefits promised. A regulated market for telephone services was governed by the principle of "universal service." As a result, business and long distance subsidized the single black rotary phone still in use in much of our High Country. Under deregulation, the cream was skimmed from the market as new companies went after the profitable markets of business and long distance. The burden was placed on the residential customer. A new model of regulation is needed.

As a conservative, I believe we should not limit the discussion to the intangible promise of lower power costs. We should look at the remarkable savings available to households from simple conservation. To its enormous credit, Blue Ridge Electric has pushed this idea forward in a quiet way, offering and financing products with an increased efficiency that, in effect, pay for them in a short period of time. This reduces greenhouse emissions at the power generation station, and reduces the capital expenditure for generation station development.

This idea could be taken one step further. Blue Ridge Electric could create a revolving fund to lend money for windmill, small scale photovoltaics, and "microhydro" power generators. The debt would be liquidated by modifying the power purchase schedule to allow power buyback from BREMCO at the price the generator pays for power. I am a small farmer and with everyone else in the High Country would stand to gain from this proposal.

This would also allow for the development of a skill-based community of technicians who could extend this technology, and their own small businesses, from the High Country into Virginia and Tennessee.

As a conservative, I believe deregulation is not being driven by Main Street. President Roosevelt envisioned rural electricity as a service; under deregulation it will be divided into two components: a commodity and a service delivery system. This commodity will open the speculative financial markets. Issues of equity and fairness will fall by the wayside, as the highest bidder drives the smallest bidder out of the market. Wall Street is driving this.

The example of telephone deregulation shows what we might expect from electrical utility deregulation. Before deregulation,

phone service was provided by American Telephone and Telegraph (AT&T), and the Regional Bell Operating companies (RBOCs). After deregulation, it seems AT&T and the RBOCs are reorganizing and consolidating with all of the advantages of monopoly power, and none of the advantages of effective oversight. Who has seen the greatest benefits from this?

Look at the local RBOC, BellSouth. Before deregulation, commercial phone service and residential long distance both subsidized the residential user. The business imperative was universal service, and a vast regulatory effort went into assuring that the black rotary dial phone went into areas that were not economically feasible, such as the High Country. Now, the universal service regulatory system is a memory. A lack of regulatory oversight may serve to ensure that BellSouth has the power to shift their costs onto the guaranteed rate base, while shifting profits to their unregulated subsidiaries.

The corporation's sole concern is with profits for the shareholders. In contrast, the cooperative's focus is on profits for the shareholder, and service to the stakeholder, who are one and the same.

Anyone who has ever dealt with BellSouth, and Skyline Telephone Cooperative here in High Country, is aware of the vast differences in corporate cultures. The difference is as much in the nature of the corporate entities as anything else. Skyline is a cooperative, and the people who work there are the same people you meet in church on Sunday or at the supermarket during the week. Power and responsibility are both in the hands of all of the members of the cooperative. Their first responsibility is to their neighbors.

The same can hardly be said for BellSouth. The difference between the two is a striking example of why telephone deregulation has been a mixed blessing, and why electrical utility deregulation is best approached very, very slowly.

Lawrence W. Caples is a member of Blue Ridge Electric and lives in Boone.

"We are lucky"

During the visit of Hurricane Bonnie in August, power was lost early Saturday morning at our home on the Yeopim River, as it was in many parts of Albemarle EMC's service area. We were pleased and impressed to find power restored well before sundown the same day. We are lucky to have such fine service, and most grateful.

*Peter and Barbara Wood
Merrywood
Albemarle EMC*



On each side of orphanage director Vladimir are (from left) Haywood County's Don Essex, Ken Thomas, Steve Kirton and Steve Rogers.

New light streams into a darkened orphanage

Four Haywood County men brought new hope and power to a sad East European orphanage this year.

Electrical contractors Don Essex and Steve Kirton, along with Haywood Electric Membership Corporation employees Ken Thomas and Steve Rogers, gave time and energy to rebuild the orphanage's electric power delivery system and laundry. The home houses some 65 invalid children in Blon, Belarus, a former Soviet republic near Poland and Russia, not far from the site of the 1986 Chernobyl nuclear disaster. Some of the children, most under age 6, have severe physical and mental deficiencies and are referred to locally as "throwaway children."

When the Americans arrived in Blon, they saw pitiful economic conditions that caused the orphanage residents to live behind boarded windows and wash laundry in a single leaky machine and a bathtub. Ken Thomas said later, "It was like working in a dungeon."

The visitors installed a new power delivery system, which also serves 20 nearby homes, as well as a drop ceiling, windows and six new washer and dryer machines.

When they taught the orphanage's staff how to operate the laundry, women giggled to see men washing clothes and said "They give us new hope for our men in Russia." Ken Thomas said they all grew very close to each other during the two-week stay: "When we said goodbye at the end of the trip, I felt like I did when I was saying goodbye to my own family."

The Haywood County group learned about the Blon orphanage through Samaritan's Purse, a North Carolina-based Christian charity that sponsors humanitarian missions throughout the world. For information about Samaritan's Purse, write P.O. Box 3000, Boone, NC 28607. Phone: (704) 262-1980.



The Blon orphanage and one of its residents, Olya.



Ken Thomas photos

On-line information

On-line quick course on "Understanding Energy Deregulation"

Energy.com Corporation, the company that maintains the Web site www.energy.com, has launched an Energy University. The first course being offered is "Understanding Energy Deregulation."

University courses are offered online for free. This course consists of 27 lessons, each about a page long, and can be completed in about an hour. The course provides a final exam, student spotlights, opportunities to ask questions of the author, and a Certificate of Accomplishment, awarded after you have successfully completed the final exam.

"Understanding Deregulation" is taught by Charlotte LeGates, a principal at Westgate Communications. William Amurgis, director of content at Energy.com, says visitors can take lessons in order, or just the lessons that interest them. They can also review any lesson at any time to refresh their knowledge.

The course is intended for the energy consumer and assumes no prior knowledge of deregulation, Amurgis says.

Lights, camera and action on Ocracoke

I noted with particular interest that Tideland EMC was shipping a generator to Bolivia ["More Power to You," August 1998].

This article reminded me of the first power generator used on Ocracoke Island in the early 30s. My father, an uncle and I transported a Delco generator from Pamlico village to Wahab village on an old shad boat named the "Delco." We wired the main pavilion and theater using typical materials used in those days called "knob and tube." The generator was a 32-volt Delco Light Plant utilizing 16 glass tank batteries for storage potential.

If anyone is out there who remembers the great excitement on the evening we turned the lights on with the crowd gathered to see their first light bulb and movies, please contact me.

Wilbur Gaskill would remember, but I have learned recently that he has passed on.

Eugene R. Edwards, Jr.
2305 Deal Place
Greenville, NC 27858

Nothing could be finer

"Gifts From The Heart"

Carolina Christmas

'Twas the month before Christmas
And all through the mall
My search for special presents
Left me nothing at all.

Nothing I saw
Seemed to suit me just right
And then it hit me,
I'd seen the light!

The best things to hand out
Were not in these stores.
What I'll give this year
Will cause an uproar.

For my old roommate in Murphy
Nothing less than Salem cookies.
A Dale Earnhardt car for my boyfriend,
And driving school for the rookie.

My parents should see Biltmore
I thought to myself.
Mom needs nothing else
To collect dust on a shelf.

For my brother's new home,
A hammock in his yard.
The Outer Banks finest
For when you get "tard."

My friend up in Asheville
Needs real barbecue.
There's none better than Lexington's,
One taste will prove true.

My favorite teacher in Sylva
Should have a soft chair on which to rest.
I'll go to High Point for that
And get one of the best.

To see who is left
I look at my list.
There is only one more
Whose name I have missed.

That person is Jesus.
It's his birthday, you see.
He'll be the important one
On this Christmas Eve.

I'll pull out all the stops,
This gift needs no cart.
He wants nothing less
Than this North Carolina girl's heart.

So as you buy your gifts
Don't forget the true reason
That we celebrate this precious
Merry Christmas season.

Wendy Sink
Lexington
EnergyUnited

A memory book

My memory book, "Katharine Hunley Bost 1917-1997," is a priceless and unique present. Two of my Tar Heel nieces, Jane Hunley Fuller of Brevard, and Linda Jones Moore of Fletcher dreamed of, collected and edited this treasured volume.

Months before my 80th birthday, I began hearing hints of a forthcoming super celebration. These nieces mailed plastic pages of loose-leaf photo albums to 18 family members — sisters, brothers, nieces and nephews, a few cousins and close friends. Their instructions were to return the pages filled with memories shared with me — snapshots, letters, cards, messages and poems.

Replies came from all over the Carolinas, from San Francisco, Maine and Washington, D.C. My loyal family and friends searched their memories, robbed their photo albums, and explored their rhyming dictionaries.

Jane and Linda spent late-night hours decorating and adding artistic touches. The result is a thick volume with a handsome russet and gold cover. Cherished pictures, drawings and glimmerings from the past recall happy events from my pre-school days to the present. I shall ever hold dear my beloved memory book.

Katharine H. Bost
Woodleaf
EnergyUnited



Puppets from the heart

Doral Morrissey, my girlfriend from Bladen County, gave my baby a puppet that she made. She has a house full of puppets. She makes them as gifts from her heart, the best kind to give. We call her "Puppetmaster."

Portia Powell
Fayetteville
South River EMC

Sunflowers for everyone

Every year my husband, Thomas, plants sunflowers beside the road near our home for all who pass to see and enjoy. It makes him happy knowing that others enjoy them.

Early this spring, a lady called to ask if he was going to plant sunflowers. Another one said, "Do you think it will be dry enough soon to plant your seeds?" Later, when all the flowers were in bloom, a young man stopped by to comment on the flowers and remembered that last year the flowers were larger, even though he knew that they were blown down by a storm. He said that these are smaller probably due to the drought.

The neighbors and passersby wave as they admire the sunflowers, and the flowers bow their heads in the morning sun. Thomas smiles with satisfaction knowing that this is the finest gift that he can give to North Carolinians. I can see by the gleam in his eyes that he is dreaming of next year's crop.

*Nina C. Threatt
Marshville
Pee Dee EMC*

A quilt that Mom made

A quilt is by far the most priceless gift one could give, not only for its beauty, but also for the precious time put into a handmade gesture of love. It's also a storybook of memories.

The quilt my mom made me has so many wonderful memories. The scraps of material remind me of pieces of my life: a red and white polka dot piece from a Sadie Hawkins dance, a print with a tiny rose, an Easter dress, a plaid scrap from a hand-me-down blouse, and samples from clothes that mom had made. And how could I forget the leftover piece from my Barbie dolls wardrobe!

Now that I'm a parent, the quilt seems even more valuable. I'm proud to be from a state and especially a family that puts value on things that really matter: gifts from the heart.

*Mauricia Wade
LaGrange
Roanoke EMC*

Kindness to neighbors

Two years ago my husband and I came to Bladenboro where the people are genuine and unpretentious. We haven't felt like strangers since we met the extended family of neighbors who surround us. We have been welcomed into their homes, church and their hearts.

Recently, my husband suffered a life-threatening illness that kept him and me at Duke Hospital for a month. Our new friends came to our side and supported us physically, emotionally, financially and spiritually. They took over our routine household responsibilities from pet care to yard maintenance. I never had to ask for help.

I never felt alone. They patiently listened, shared the everyday setbacks with me, and renewed my hope with their strength, spiritual convictions and a much-needed hug. Without a doubt, combined prayers brought Roger through this crisis.

When our adult children arrived from the Northwest, they, too, were moved by the generosity of our North Carolina friends. We experienced God's unconditional love, because He lives in the hearts of our neighbors. This gift of love, so freely given, will grow in all our hearts and be passed down to others we meet along life's path.

*Mrs. Roger Taillefer
Bladenboro
Four County EMC*



In service for their country

From the Revolutionary War to the present, North Carolina's young men have served our country in the military.

This picture shows Glenn McAbee from Bessemer City. We arrived in the Second Infantry Division in Korea in February 1968. Since I was from Statesville, I wrote the governor of North Carolina and asked for a state flag. When it arrived, I gave it to my buddy, Glenn. We were both proud of being from North Carolina.

When we left Korea, I went to the UNC Law School and Glenn went to Vietnam, where he was shot in the face. He survived but had serious health problems the rest of his life. He died last year.

My UNC fraternity brother, Ted Edwards from Charlotte, as well as my high school classmate, Murry Moseley (Statesville High '63), my Statesville First Presbyterian Church childhood friend, Ardrey Barringer, were all killed in Vietnam. My uncle, John Wesley Long Bengow from Greensboro, was killed when his P-51 Mustang was shot down over Japan in WWII.

Glenn, Ted, Murry, Ardrey, Uncle John – they gave the finest North Carolina gift you can give.

*C. David Benbow
Statesville
EnergyUnited*

Holding the baby

One thing that my family really enjoys is going out for supper on the weekends. I remember one particular Friday evening in May or June of this year when my husband and I were enjoying a meal with our three small children. However, our youngest, who was born in March, was not enjoying our meal at all. Instead, she was screaming at the top of her lungs. So my husband, being the good Daddy that he is, carried her around the restaurant (between bites) in an attempt to keep her quiet.

It wasn't long before an older gentleman whom we had never seen before came to my husband and offered to hold our colicky baby girl while we ate. Usually when we find ourselves in this predicament, people will just stare as if to say, "Poor thing," or "Well, why don't you do something with it?" But this time was different. This kind man and his wife insisted on tending to our baby until I could finish eating.

When a person gives himself for others, he is giving a precious gift, which is what this couple did for us that day.

*Lisa Mitchell
Mocksville
EnergyUnited*

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When they choose a selection for publication each month, judges seem to like stories that are clearly expressed, from the heart, and full of North Carolina character. (Most of those we receive have some or all of these qualities, so choosing a few is difficult work.)

The Rules

1. Approximately 200 words or less.
2. Only one entry per household per month.
3. Typed or e-mail, if possible. Otherwise, make it legible.
4. Include your name, mailing address, electric co-op, and phone number.
5. If you want your entry returned, please include a self-addressed, stamped envelope. (We will not return others.)
6. We pay \$50 for each submission published in this series.
7. Send to Nothing Finer, Carolina Country, 3400 Summer Blvd., Raleigh, NC 27616. Or by e-mail: carolina.country@ncemcs.com

The 1999 Themes

January

The Finest Friend I Ever Had
(Who, when, why?)
Deadline: Nov. 15

February

The Finest Car I Ever Knew
(Yours or someone else's.)
Deadline: Dec. 15

March

My Advice for the U.S. Congress
(They represent you.)
Deadline: Jan. 15

April

The Funniest Story I Ever Heard
(The truer the better.)
Deadline: Feb. 15

May

The Finest North Carolina Road
I've Ever Been Down
(Anywhere in the state.)
Deadline: March 15

June

The Finest North Carolina Music
I Ever Heard
(What makes it so?)
Deadline: April 15

July

The Finest Safety Lesson I Ever Learned
(This can help others.)
Deadline: May 15

August

The Finest School Teacher I Ever Knew
(Any school.)
Deadline: June 15

September

The Best Story About a Country Fair
(Where was it and what happened?)
Deadline: July 15

October

The Finest North Carolina Photo
(N.C. people or place, color or B&W.)
Deadline: August 15

November

My Favorite Holiday Memory
(Any holiday.)
Deadline: Sept. 15

December

What We Can Do in 2000?
(Your advice for the new year.)
Deadline: Oct. 15

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A seasonal gift guide advertising supplement

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New limited edition print by North Carolina artist Richard Tumbleston. Sales benefit the Eastern 4-H Environmental Education Conference Center in Tyrrell County. The eight-pointed star pattern of a handmade quilt, says Tumbleston, "reminds me of the way a person, whether young or old, can grow into

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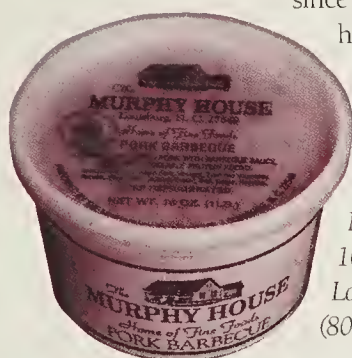
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Duke University supports Interstate 26 documentary

The Center for Documentary Studies at Duke University awarded the 8th annual Dorothea Lange-Paul Taylor prize to North Carolina photographer Rob Amberg and writer Sam Gray for their documentary "Corridors of Change." The \$10,000 award is given annually for national and international documentary work in the tradition of acclaimed photographer Lang and writer Taylor.

Amberg and Gray's project documents the construction of an 8-mile segment of Interstate 26 through the mountain communities of McDowell and Madison counties. The duo, both long-time residents of the region, are collecting and sorting the evidence of cultural dislocation and upheaval caused by the highway building.

"In a place like Appalachia, an event like this has tremendous impact on the folk culture, which has arisen from a sense of tradition and often, physical isolation," says Gray, a native of McDowell County. "There is a great sadness, but mountain communities are also very responsive to opportunities and change."

Adds Amberg, who lives in Marshall: "In a sense, the construction of this highway is about everything our society has allowed to happen. There is nothing unusual about these eight miles of road, and that's why this project is critical. We, as a culture, have relinquished what is important to us eight miles at a time."



*J.D. Thomas walks away from his home, which is being destroyed by the Marshall Volunteer Fire Department by order of the Department of Transportation for the construction of I-26.
Photo by Rob Amberg.*

999 North Carolina topo maps are available on CD

The use of a good trail map is a must for hikers and hunters. And the maps just went hi-tech with Maptech's Terrain Navigator CDs. The CDs allow users to print their own versions of U.S. Geological Survey topographical maps, record trails, mark and measure distance and area. Areas can be viewed in four zoom levels, with path elevation and line of sight profiling, along with an extensive place finder.

According to Maptech, users can also create personal markers that note places of interest, such as favorite hunting, hiking, and fishing spots and campsites. The maps are geo-referenced, so a user can enter GPS coordinates in latitude and longitude, UTM or MGRS and bookmark the map for instant retrieval.

North Carolina has 999 maps on five CDs. The individual CDs include western North Carolina and Great Smoky Mountains, Winston-Salem and Boone, Raleigh/Durham/Chapel Hill, Coastal/Kitty Hawk/Cape Fear, and Fayetteville/Charlotte/Sandhills. All CDs include both 1:24,000 and 1:100,000 map scales.

The North Carolina five-CD set costs \$279. An individual CD costs \$49 to \$99. To view a working demo of a single map and the navigational tools available, see the Web site at www.maptech.com/topo. For more information, call Maptech at (800) 627-7236 or write to Maptech, Inc., 655 Portsmouth Ave., Greenland, NH 03840.

Upcoming events

Conference for small woodlot property owners

The Southern Landowner Outreach Conference, sponsored by the U.S. Department of Agriculture Natural Resource Conservation Service and Forest Service, will be held Jan. 10-13, 1999, in Birmingham, Ala.

Participants will learn about a wide range of available services and management techniques for farmers and woodland owners. Group discussions, state caucuses and small workshops will be part of the training. Discussions will focus on outreach activities, environmental issues, governmental and non-governmental assistance, as well as how to pass properties between generations, improve and diversify farm incomes and qualify for government programs. An agriculture and forestry trade show will be part of the conference.

For more information, call (888) 523-6277 or visit the Web site www.forestry.uga.edu/sloc. Information is also available at most USDA agencies and State forest offices. Registration by Dec. 1 is encouraged.

Bladen Agriculture & Business Expo

The Bladen Agriculture & Business Expo, billed as "A Showcase of Bladen's Agriculture, Business and People—Bringing Bladen County Together," is scheduled for November 13-14 at the Bright Leaf Warehouse in Clarkton, N.C., on Highway 701.

The two-day event features agricultural and business exhibits, crafts, contests, children's activities, food and entertainment. Admission is free. Contact the N.C. Cooperative Extension Service-Bladen Center at (910) 862-4591 for more information.

Carolina close-up

Compiled by Renee Gannon

Children are waiting to be adopted

Families, parent groups, agencies and other child advocates across the country mark November as National Adoption Awareness Month to educate the public about children who wait.

In North Carolina, 10,746 children live away from their birth families in some type of substitute care, such as foster care. Of those, 5,789 have been in foster care for more than one year. Adoption is the permanent plan for approximately 3,136 of the children.

The adoption process has changed significantly over the last 30 years. You don't have to be married, childless, rich or own a house to adopt. You do have to provide a stable, loving home and be able to help your adoptive child work through issues raised by his or her past.

For more information about adoption, contact the Department of Social Services in your county, or call the N.C. State Office for Adoptions in Raleigh at (919) 733-3801.

"Adoption means that you grew in your mother's heart instead of her tummy."

Adopted first-grade girl



A skiff boat in the Cedar Island National Wildlife Refuge off Highway 12.

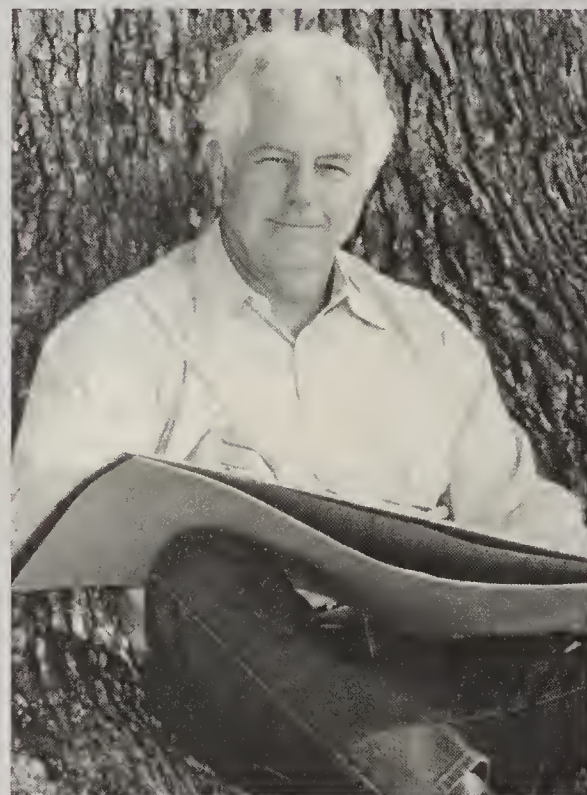
Cedar Island refuge views are on exhibit in Beaufort's Maritime Museum

The N.C. Maritime Museum hosts Scott Taylor's photo exhibit, "The Cedar Island National Wildlife Refuge: Reflections in Black and White," through Jan. 3. The exhibit includes a view of the 12,500-acre wildlife refuge, its marshes, pocosin trails and idle workboats.

Contact the N.C. Maritime Museum, 315 Front St., Beaufort, NC 28516-2124. Phone: (252) 728-7317.

Press Association names Bob Timberlake "North Carolinian of the Year"

Lexington artist Bob Timberlake recently was honored as the N.C. Press Association's 1998 North Carolinian of the Year. Timberlake received the recognition for his contributions to the state's art community and furniture industry and for his charitable endeavors.



Timberlake began painting professionally in 1970, on the advice of artist Andrew Wyeth. Although he received no formal art education or training, his depiction of the simple life in North Carolina has led to millions of admirers around the world.

Presidents Carter and Reagan have honored him for his work with Keep America Beautiful, Inc., and in 1975 he was named "The Official Artist of Keep America Beautiful, Inc."

Timberlake has also received awards in recognition of his service to the Boy Scouts of America, the Duke Comprehensive Cancer Center, the N.C. Cystic Fibrosis Foundation and the State of North Carolina. He has been the recipient of the Albert Schweitzer Medal of Artistry, the American Forestry Award and the Shingleton Award. He also designed four commemorative stamps for the U.S. Postal Service and has published three books of his paintings.

New beehive pest moves into the Southeast

First it was the trachea and varroa mites causing concern to beekeepers in the South (see September 1998 issue of *Carolina Country*), now it's the small hive beetle. The N.C. Department of Agriculture and Consumer Services request that beekeepers statewide closely monitor their hives for any evidence of this pest. The small hive beetle, *Aethina tumida*, was detected in Florida where it is severely damaging bee-hives. The beetle's arrival in the six-county area in Florida is the first recorded occurrence of this apiary pest in the Western Hemisphere.

The small hive beetle has also been found in 11 counties in Georgia and 12 counties in South Carolina. As of September, no beetles had been found in North Carolina, or in South Carolina counties bordering North Carolina.

The adult beetles are broad, flattened, dark brown to nearly black in color and about 5 millimeters long. Adults and larvae of the small hive beetle inhabit beehives where they feed on stored pollen and honey. Combs are damaged and brood killed by the burrowing of the larvae, and in Florida bees have been observed abandoning combs once they are infested. As an infestation grows, the honey ferments and bubbles out of the cells. The fermenting honey is said to have the odor of decaying oranges. The beetles are likely to infest the nests of wild bees, as well as feral colonies of honeybees.

"North Carolina farmers rely heavily on pollination by the honeybee for crop production," says Agriculture Commissioner Jim Graham. "We are focusing our inspection efforts and taking other measures to protect our bee industry from the damaging effects of the small hive beetle."

State inspectors are conducting surveys in North Carolina counties nearest the infested sites in South Carolina. Early detection is critical to the control process. Beekeepers may contact Don Hopkins, state apiarist, at (919) 233-8214.

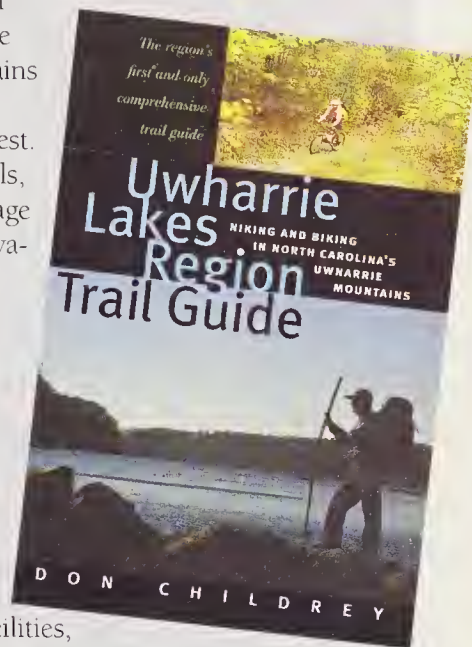
Trail Guide Book

Trail guide helps you find your way through the Uwharries

More than 133 miles of hiking and mountain biking trails exist within the Uwharrie Lakes region, which includes trails in Morrow Mountain State Park, Birkhead Mountains Wilderness and the Uwharrie National Forest. Details about these trails, along with maps, mileage and elevation data, elevation profile graphs and trail descriptions and history are available in "Uwharrie Lakes Region Trail Guide," by Don Childrey.

The 302-page paperback also includes quick reference charts, information about camping facilities, places to eat and other outdoor recreation opportunities in the area, as well as 185 maps and graphs.

The book retails for \$18.95 (includes shipping and handling). Send a check or money order to DTC Publishing, 5113 Woodrun, Mt. Gilead, NC 27306. Phone: (910) 576-3667.



Wildflower seeds for sale

The Wake Soil and Water Conservation District is selling four mixtures of wildflower seeds. A single packet covers a 400-square-foot area. The packets offered include Southeastern, Shade, Low Growing and Bird & Butterfly.

Packets cost \$5 each (add 75 cents for postage for each pack ordered). Proceeds benefit the district's environmental education and information programs. To order, call (919) 250-1054. Make check payable to Wake SWCD and mail to 4001-D Carya Dr., Raleigh, NC 27610.



Clyde is 4-year-old, 8-foot-tall, 300-pound breeder.

about \$3.75 per pound ground from drumsticks. The price is a bit higher for steak cuts and ground burger. Ostrich meat should not be overcooked. It begins to toughen as it cooks longer because of the low fat content. Autry recommends marinating the meat to preserve its tenderness.

Approximately 350 breeder farms raise ostriches in North Carolina. For more information, write to the N.C. Ostrich Breeders Association at: NCOBA, 3301 Woman's Club Dr., Suite 140, Raleigh, NC 27611. Phone: (919) 783-4121.

Ostrich is "the other red meat" at 350 North Carolina breeder farms

At the South River Ostrich Farms, the Autry family wrangles the other red meat — ostriches. The birds grow up on an organic diet of clover, alfalfa and corn, as well as plenty of fresh water. Riverside Meats in Trenton, Jones County, processes the meat under the same strict sanitary conditions other meat products go through.

According to Estalene Autry, ostrich meat is lean with 97 calories per three ounces, 2 percent fat, and is higher in protein and lower in cholesterol than beef, pork or chicken. Some area restaurants, such as Fayetteville's Hilltop House, are serving ostrich.

The meat tastes similar to beef. The cooked product looks rare due to the intense redness of the meat. The lowest price cut is

Go Electric

A buyer's guide by Sharon O'Malley

Whether you're headed for Europe or simply packing for an off-season vacation closer to home, these easy travelers are designed to make your time off hassle-free.

Travel companions



1. Switch hitter

Your hair dryer and iron won't do you any good in Europe unless you bring along a simple device that allows you to plug them into foreign outlets. Samsonite's converter and adaptor kit (model 6235) comes with a powerful 1,600-watt converter that adjusts foreign electrical current and helps run most U.S. travel appliances. Coded adaptor plugs correspond with countries worldwide. It sells for \$30; call (800) 631-4222 to order.

2. Quick cup

A quick and inexpensive cup of coffee isn't as easy to come by in some locales as it is in the States. So tote a compact immersion heater along with you. Lewis N. Clark Travel Accessories has one with compact coils that boil water for instant, water-based beverages. It also automatically compensates for worldwide voltages. The heater includes a plastic burn guard, European adaptor plug and travel pouch. The price: \$17.50 in department, gift, book and travel stores. Call (800) 575-6611 to locate a retailer near you.

3. Travel light

The first rule for a hassle-free vacation: Don't overpack. So the Travel Smart Mini Cyclone Dual Voltage Hair Dryer is a find. It's a palm-sized, lightweight hair dryer featuring dual voltage so you can plug it in here or overseas. It has a folding handle and travel pouch and is small enough to tuck into a purse. It sells for around \$30 at department, luggage, specialty and discount stores. Call (800) 706-7060 for more information.

4. Must-see

Admit it. Even when you're roughing it, you hate to miss your favorite TV shows. Now you don't have to. Sony's Watchman, the go-anywhere portable TV, hides an antenna in a handy neck strap, so the picture on the 2.2-inch color screen is clear. Its built-in speaker allows you to listen with or without headphones. Plug it in when you're indoors; use batteries when you're outside. It costs around \$109 wherever electronics are sold. Call (800) 222-SONY.

5. Big picture

When it's folded and tucked in your suitcase, the Magnificent Magnifying Mirror measures just six inches square. But the benefits of packing it for any vacation are huge: It's handy to have when you're touching up makeup, tweezing eyebrows or removing contact lenses. The lighted looking glass is cordless and rechargeable; you'll need to buy the optional adaptor set if your vacation takes you out of the country. The magnifying mirror is scratch-resistant and includes a swivel wall bracket for home use. It costs \$69.95 from the Christine Columbus Catalog. Call (800) 280-4775 to order.

DO TODAY'S ELECTRIC HEAT PUMPS HEAT BETTER OR COOL BETTER?

Today's high-efficiency electric heat pumps aren't just

warmer than ever, they also

cool your home to the max

and cost less to buy and

install. So call your coopera-

tive today. When you learn



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Cooperative Member

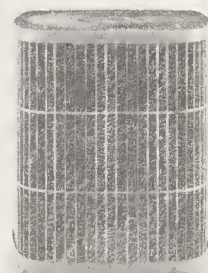
Mrs. Carolyn Slack

*"No hot spots in summer, no
cold spots in winter — just a
nice, even temperature all
year long."*

all the reasons electric heat pumps are your most

economical heating and cooling choice,

it'll give you a nice, warm feeling inside.



**North Carolina's
Electric Cooperatives**

Energy To Get Things DoneSM

Serving 1.6 million consumers in 93 North Carolina counties



Joyner's corner

© by Charles Joyner

What is the Value of Thanksgiving ?

We have given each of the nine different letters in THANKSGIVING a different value from 1 through 9. In addition, we have made up a list of nine words, using letters from THANKSGIVING, and have totaled the value of the letters in each word. For example, if I=2 and N=1 then the value of IN would be 3 (it isn't).

Your challenge is to find the value of THANKSGIVING.

GNAT = 20	VANISH = 29
SHANK = 29	SIGN = 25
THIS = 18	TANK = 17
HIT = 13	VIKING = 32
STING = 26	

THANKSGIVING = _____

Win \$25

You could win \$25 for solving this puzzle. Send a card or e-mail with your answer and your name and address, postmarked before Nov. 25, to:

Carolina Country Puzzle
P.O. Box 27306
Raleigh, NC 27611
E-mail: carolina.country@ncemcs.com

Entries will be numbered as received and the winning entry picked at random by computer. The winner's name and puzzle answer will be published in our January issue.

Southern Exposure

As they said in the Asheville Citizen-Times

... only a change of heart can and will enable us to meet this not-so-obvious crisis. Let us share our inertia and rise to meet it.

(from an editorial about global climate change)

There is widespread agreement that owners of pets which are by their nature dangerous and/or vicious should be restrained, whether on expansive acreage or confined to an apartment complex.

(from a guest editorial)

Seven Heaven

The number 7 has long been considered to have mystic qualities. Myths abound about "the seventh son of a seventh son." Encyclopedia report on the Seven Deadly Sins, seven-league boots, the Seven Sages of Greece, Seven Sisters (the Pleiades), Seven Sleepers of Ephesus, Seven Champions of Christendon, and more. Here is a quality of 7 you may not be aware of:

1. Use each digit from 1 through 7 to compose a random seven-digit number: _ _ _ _ _
2. Multiply the number on Line 1 by 7. _____
3. And the digits on Line 2 to yield a two-digit number. _ _
4. Add the digits on Line 3 to find the "digital root" of the number on Line 2.

YOUR ANSWER WILL ALWAYS BE 7.

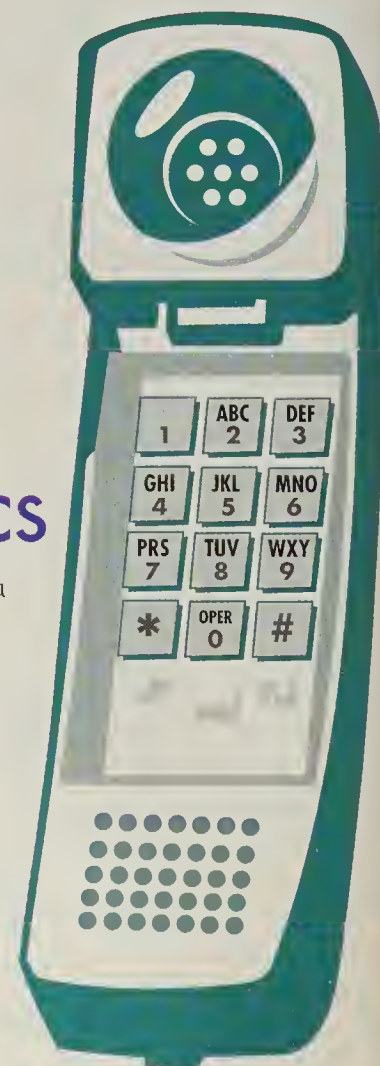
Phone-Etics

To become a vegetarian, you have to quit

2 6 5 3 8 8 7 5 3 9

If you punch in these numbers on your telephone pad, you will spell out the two missing words. Go figure!

Answer on page 37





AFFORDABLE LIFE INSURANCE

The Best Idea For ... Personal Insurance - Business Insurance - Mortgage Protection

15 - YR
Guaranteed
LEVEL
RATES

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NON-TOBACCO RATES

MONTHLY RATES

Issue Age	\$50,000		\$100,000		\$250,000		\$500,000	
	Male	Female	Male	Female	Male	Female	Male	Female
20	-----	-----	13.30	12.07	22.75	19.68	38.50	32.37
21	-----	-----	13.30	12.07	22.75	19.68	38.50	32.37
22	-----	-----	13.30	12.07	22.75	19.68	38.50	32.37
23	-----	-----	13.30	12.07	22.75	19.68	38.50	32.37
24	-----	-----	13.30	12.07	22.75	19.68	38.50	32.37
25	-----	-----	13.30	12.07	22.75	19.68	38.50	32.37
26	-----	-----	13.38	12.16	22.96	19.90	38.93	32.81
27	-----	-----	13.47	12.16	23.18	19.90	39.37	32.81
28	-----	-----	13.56	12.25	23.40	20.12	39.81	33.25
29	-----	-----	13.65	12.25	23.62	20.12	40.25	33.25
30	-----	-----	13.65	12.33	23.62	20.34	40.25	33.68
31	-----	-----	13.73	12.33	23.84	20.34	40.68	33.68
32	-----	-----	13.82	12.42	24.06	20.56	41.12	34.12
33	-----	-----	13.91	12.42	24.28	20.56	41.56	34.12
34	-----	-----	14.00	12.51	24.50	20.78	42.00	34.56
35	-----	-----	14.26	12.68	25.15	21.21	43.31	35.43
36	-----	-----	14.70	12.95	26.25	21.87	45.50	36.75
37	-----	-----	15.22	13.30	27.56	22.75	48.12	38.50
38	-----	-----	15.75	13.65	28.87	23.62	50.75	40.25
39	-----	-----	16.45	14.08	30.62	24.71	54.25	42.43
40	-----	-----	17.06	14.61	32.15	26.03	57.31	45.06
41	-----	-----	17.93	15.13	34.34	27.34	61.68	47.68
42	-----	-----	18.90	15.75	36.75	28.87	66.50	50.75
43	-----	-----	20.03	16.62	39.59	31.06	72.18	55.12
44	-----	-----	21.43	17.41	43.09	33.03	79.18	59.06
45	-----	-----	22.92	18.37	46.81	35.43	86.62	63.87

MONTHLY RATES

Issue Age	\$50,000		\$100,000		\$250,000		\$500,000	
	Male	Female	Male	Female	Male	Female	Male	Female
46	----	----	24.58	19.33	50.96	37.84	94.93	68.68
47	----	----	26.16	20.38	54.90	40.46	102.81	73.93
48	----	----	27.82	21.35	59.06	42.87	111.12	78.75
49	----	----	29.57	22.40	63.43	45.50	119.87	84.00
50	----	----	31.50	23.62	68.25	48.56	129.50	90.12
51	----	----	33.86	25.02	74.15	52.06	141.31	97.12
52	----	----	36.48	26.60	80.71	56.00	154.43	105.00
53	----	----	39.63	28.43	88.59	60.59	170.18	114.18
54	----	----	43.48	30.62	98.21	66.06	189.43	125.12
55	27.43	20.08	47.86	33.16	109.15	72.40	211.31	137.81
56	29.92	21.56	52.85	36.13	121.62	79.84	236.25	152.68
57	32.68	23.10	58.36	39.20	135.40	87.50	263.81	168.00
58	35.65	24.76	64.31	42.52	150.28	95.81	293.56	184.62
59	38.89	26.60	70.78	46.20	166.46	105.00	325.93	203.00
60	42.30	28.52	77.61	50.05	183.53	114.62	360.06	222.25
61	45.98	30.58	84.96	54.16	201.90	124.90	396.81	242.81
62	49.87	32.76	92.75	58.53	221.37	135.84	435.75	264.68
63	53.98	35.08	100.97	63.17	241.93	147.43	476.87	287.87
64	58.36	37.53	109.72	68.07	263.81	159.68	520.62	312.37
65	62.95	40.11	118.91	73.23	286.78	172.59	566.56	338.18

Additional ages and amounts
with guaranteed rates (of course)
available upon request.

Other amounts available upon request. Premiums are based on applicant's age at nearest birthday. Policies are non-cancellable as long as premiums are paid. Premiums may be paid annually, semi-annually or by monthly bank draft. (A no-cost medical exam may be required depending on age, health or amount of coverage desired). Premiums above are 15 year term. Policy Form No. PGRAT97NW1. Level death benefit to age 95 with premiums guaranteed level for the first 15 years. Guaranteed renewability to age 95. All policies are issued and underwritten by Great American® Life Insurance Company, P.O. Box 5416, Cincinnati, OH 45201-5416. Nearly \$6 billion in assets as of 12/31/97. NOT AVAILABLE IN ALL STATES.

CLIP AND MAIL TODAY FOR QUICK RESPONSE



For More Information Call:
1-800-565-4165

For Priority Service - FAX:
(708) 445-0420

Or clip and mail the Application
Request Form in an envelope to:

Jim Olson
National Processing Center
P.O. Box 5288
River Forest, IL 60305

Great Tobacco Rates Also Available!

Application Request Form

The information you provide will be kept in strict confidence.

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
DATE OF BIRTH _____ ☐ MALE ☐ FEMALE
AMT. OF INS. DESIRED _____ ☐ TOBACCO ☐ NON-TOBACCO
HOME PHONE () _____ WORK PHONE () _____
BENEFICIARY _____ AGE _____

The best time to call me is:

☐ Morning ☐ Afternoon ☐ Evening (☐ Home ☐ Work)

I wish to pay my premiums: ☐ Annually ☐ Semi-Annually ☐ Monthly Bank Draft

ADDITIONAL APPLICATION REQUESTED FOR:

NAME _____
DATE OF BIRTH _____ ☐ MALE ☐ FEMALE
AMT. OF INS. DESIRED _____ ☐ TOBACCO ☐ NON-TOBACCO
Comments: _____

I am also interested in: ☐ 10 year term ☐ 20 year term ☐ 30 year term

42-A029-AF15



Carolina compass

Mountains (west of I-85)

Clogging Competition
Nov. 1, Maggie Valley
Stompin' Grounds,
(800) 334-9036

Golden Goose
Nov. 6-8, Waynesville
Youth theatre, Haywood
Community College,
(800) 334-9036

Concert
Nov. 13, West Jefferson
Ralph Stanley & The Clinch
Mountain Boys, Ashe Civic
Center, (336) 246-4483

Appalachian Melody
Nov. 14, Asheville
Southern Highlands Craft
Guild, Folk Art Center,
(828) 298-7928

Holiday Arts & Crafts Show
mid-Nov., Statesville
National Guard Armory,
(704) 871-0311

Open House
Nov. 22, Waynesville
Downtown, (800) 334-9036

Christmas at Junaluska
Nov. 27-Dec. 23,
Lake Junaluska
(800) 334-9036

Christmas Crafts
& Greens Fair
Nov. 27-28, Maggie Valley
(800) 334-9036

Christmas Parade
Nov. 30, Waynesville
Main Street, (800) 334-9036

Woodwork Art Exhibit
Through Dec. 11, Statesville
Mitchell Community College,
Louise Gilbert Memorial
Gallery, (704) 878-3310

Christmas in the Valley
Dec. 1-24, Maggie Valley
(800) 334-9036

Night Time Christmas Parade
Dec. 3, Canton
(800) 334-9036

Festival of Lights
Dec. 3-31, Canton
(800) 334-9036



Christmas Tree Festival
Dec. 1-15, Boone
Appalachian Cultural
Museum, (828) 262-3117

Holiday Decorations Display
Dec. 2-19, Boone
Jones House Community
Center, (828) 262-4576

Christmas Benefit Concert
Dec. 4, Boone
Appalachian State University,
Farthing Auditorium,
(828) 262-3020

Chamber Open House
Dec. 4, Burnsville
(800) 948-1632

Holly Jolly Christmas
Dec. 4, Black Mountain
Downtown, (800) 669-2301

Christmas Parade
Dec. 5, Black Mountain
Starts at 2 p.m.,
(828) 669-2300

Christmas Parade
Dec. 5, Maggie Valley
(800) 334-9036

Special Santa Days
Dec. 5, 12, 19, Waynesville
Main Street, (800) 334-9036

Christmas Parade
Dec. 5, Burnsville
(800) 948-1632

Cove Creek Country
Christmas
Dec. 5, Boone
(828) 297-2200

Christmas Parade
Dec. 5, Boone
Downtown, 1 p.m.,
(800) 852-9506

Choose & Cut Christmas Tree
Dec. 5-6, 12-13, Boone
Watauga County,
(800) 852-9506

Appalachian Potters Market
Dec. 5, Marion
McDowell High School cafete-
ria, 10 a.m., (704) 652-8610

Christmas Past, Revisited
Dec. 5-6, Statesville
Historic downtown,
(704) 878-3436

Tour of Homes
Dec. 6, Waynesville
(800) 334-9036

Piedmont (between I-85 & I-95)

Farm Women Exhibit
Through Nov. 14,
Walnut Cove
Walnut Cove Public Library,
(336) 593-8159

Renaissance Festival
Through Nov. 15, Davidson
Weekends, (704) 896-5555

Take Another Look
Through Jan. 3, Durham
N.C. Museum of Life and
Science, (919) 220-5429

African Pottery & Sculpture
Through Feb. 14, Charlotte
Mint Museum of Art,
(704) 337-2000

English Earth Pottery Exhibit
Through May 2, Charlotte
Mint Museum of Art,
(704) 337-2000

Universal Images Art Exhibit
Nov. 1-25, Rockingham
Leath Library, (910) 895-6909

West Side Story
Nov. 3, Winston-Salem
Stevens Center, N.C. School
of the Arts, (336) 721-1945

A Thousand Clowns
Nov. 4-7, Southern Pines
Comedy, Owens Auditorium,
Sandhills Community College,
(910) 692-3799

Holiday Crafts Fair
Nov. 5-6, Fort Bragg
Lee Physical Fitness Center,
(910) 396-3919

Cinderella and the
Chinese Slipper
Nov. 6, Winston-Salem
Children's play, Stevens
Center, N.C. School of the
Arts, (336) 721-1945

Concert
Nov. 6, Winston-Salem
Barbara Lister-Sink, pianist,
\$7, Reynolda House,
(336) 725-5325

Indian Relic Show
Nov. 7, Oxford
Ramada Inn, (252) 257-2654

18th Century Festival
Nov. 7, Pineville
James K. Polk Memorial,
(704) 889-7145

Indian Heritage Festival
Nov. 7-8, Mt. Gilead
Town Creek Indian Mound,
(910) 439-6802

Golf Chorus Extravaganza
Nov. 7, Southern Pines
Barbershop quartet music,
Pinecrest High School audito-
rium, (910) 295-2197

Doc & Richard
Watson Concert
Nov. 7, Mocksville
Brock Performing Arts Center,
7 p.m. & 9 p.m.,
(336) 751-3304

Horse and Mule Day
Nov. 7, Denton
Denton FarmPark,
(336) 859-2755

Craft Show
Nov. 7, Southmont
Southmont Civic Center,
(336) 798-3537

Christmas Shoppe
Nov. 8-Dec. 20, Kernersville
The Pegg House,
(336) 996-7562

N.C. Symphony Concert
Nov. 12, Southern Pines
Pinecrest High School auditori-
um, (910) 692-4356

Southern Christmas Show
Nov. 12-22, Charlotte
Charlotte Merchandise Mart,
(704) 376-6594

Cozy Cottage Craft Sale
Nov. 13-14, Kernersville
Kernersville Community House,
(336) 993-2260

Jazz Band Concert
Nov. 13-14, Southern Pines
Owens Auditorium, Sandhills
Community College,
(910) 695-3829

Bridges & Native Travel
Nov. 14, Spencer
N.C. Transportation Museum,
(704) 636-2889

Reading and Tea
Nov. 14, Winston-Salem
Reynolda House, 3 p.m., \$3,
(336) 725-5325

Gregg Gelb Swing Band
Nov. 14, Sanford
Temple Theatre, \$12,
(919) 774-4512

Veterans Day
Remembrance Concert
Nov. 14, Rose Hill
Featuring Chuck Eatmon's
Band, Duplin Winery,
(910) 289-3888

Behind-the-Scenes Tour
Nov. 15, Winston-Salem
Home tour, 2 p.m., \$2,
(336) 725-5325

Molly Vivian Huang Concert
Nov. 15, Wingate
Concert pianist, Wingate
University, Austin Auditorium,
\$15, (704) 233-8038

Book Discussion
Nov. 17, Winston-Salem
"Paradise" by Toni Morrison,
Reynolda House,
(336) 725-5325

Christmas Around the World
Nov. 17-Dec. 31, Reidsville
Chinqua-Penn Plantation.,
(336) 349-4576

Holiday Ornaments Workshop
Nov. 19, Chapel Hill
N.C. Botanical Garden, 9 a.m.,
(919) 962-0522

Festival of Trees and Lights
Nov. 19-22, Pinehurst
Pinehurst Hotel, benefits
Sandhills Children's Center,
(910) 692-3323

Christmas Bazaar
Nov. 21, Kernersville
Fountain of Life Lutheran
Church, (336) 996-7125

The Nutcracker
Nov. 21-22, Southern Pines
Holiday play, Owens
Auditorium, Sandhills
Community College,
(910) 695-1116

Triad Toy, Doll and
Sports Card Show
Nov. 21-22, Greensboro
Greensboro Coliseum Complex,
10 a.m., (704) 276-1670

A Natural Christmas
Nov. 21-Dec. 26, Asheboro
N.C. Zoological Park,
(800) 488-0444

Holiday Open House
Nov. 22, Southern Pines
Downtown historic district,
(910) 692-5848

Seagrove Sunday
Nov. 22, Seagrove
Pottery sale and open house,
(336) 873-7258

Seagrove Pottery Festival
Nov. 22, Seagrove
Seagrove School gym,
(910) 873-7887

Furniture-Painting Workshop
Nov. 22, Winston-Salem
Reynolda House, \$5,
(336) 725-5325

N.C. Symphony Holiday
Pops Concert
Nov. 25, Pinehurst
Pinehurst Hotel, Grand
Ballroom, (910) 295-8415

Celebrate Science Days
Nov. 27-28, Durham
N.C. Museum of Life and
Science, (919) 220-5429

Nonsense
Nov. 27-28, Pinehurst
Comedy, Pinehurst Hotel,
(910) 295-8415

Footshills Pigeon Club
Annual Show
Nov. 28, Mt. Airy
National Guard Armory,
(336) 351-3835

Grapevine Wreath Workshop
Dec. 3, Chapel Hill
N.C. Botanical Garden, 9 a.m.,
(919) 962-0522

Open Art Studio Tour
Dec. 4-7, Pittsboro
Central Carolina Community
College, (800) 468-6242

Best of Broadway
Dec. 4-20, Sanford
Christmas revue, Temple
Theatre, (919) 774-4512

Christmas in the Village
Dec. 4-18, Pinehurst
Fridays & Saturdays,
(910) 295-2473

Christmas Show
Dec. 5, Rose Hill
Featuring Duke Ladd, Duplin
Winery, (910) 289-3888

Parade and Christmas
Tree Lighting
Dec. 5, Southern Pines
Downtown, (910) 692-5848

Christmas Concert
Dec. 5-6, Southern Pines
Moore County Chorale Society,
Owens Auditorium, Sandhills
Community College,
(910) 692-1165

Christmas Open House
Dec. 6, Durham
Bennett Place, (919) 383-4345

18th Century Christmas
Dec. 6, Pineville
James K. Polk Memorial,
(704) 889-7145

Victorian Christmas Celebration
Dec. 6, Stanfield
Reed Gold Mine,
(704) 721-4653

Farm Christmas Open House
Dec. 6, Aberdeen
Malcolm Blue Farm,
(910) 944-7558

Christmas Candlelight Tour
Dec. 6, Hillsborough
(919) 732-8156

Christmas Craft Show
Dec. 6, Hillsborough
Daniel Boone Village, Big Barn
Convention Center,
(919) 732-8156

Bull Soundness Testing
Dec. 7, Warrenton
E. B. Harris Farm,
(252) 257-2140

**Coastal
(east of I-95)**

Arts Exhibit
Through Dec. 30, Washington
Washington Civic Center
gallery, (252) 946-2504

Doll Collection Exhibit
Through Jan. 3, Elizabeth City
Museum of the Albemarle,
(252) 335-1453

Looking Back: Cape Fear
Museum's First 100 Years
Through February, Wilmington
Cape Fear Museum,
(910) 341-4350

African-American Fall Festival
Nov. 7, Murfreesboro
Hertford County Middle
School, 10 a.m.,
(252) 398-8192

Bethany UMC Fall Festival
Nov. 7, Winsteadville
Near Bellhaven,
(252) 964-2338

Antique Tractor Pull
& Car Show
Nov. 7, Harrells
10 a.m., (910) 532-4276

Fort Branch Battle
Re-enactment
Nov. 7-8, Hamilton
Civil War re-enactment,
(800) 776-8566

Quilt Show
Nov. 7-8, Wilson
Wilson County Ag Center

Beaufort Walk
Nov. 12 & 23, Beaufort
N.C. Maritime Museum, \$5,
(252) 728-7317

Queen Anne's Revenge
Nov. 13, Wilmington
Blackbeard's ship, Cape Fear
Museum, (910) 341-4350

Bladen Ag & Business Expo
Nov. 13-14, Clarkton
Brightleaf Warehouse.
(910) 862-4591

Craft Show and Sale
Nov. 14, Murfreesboro
Hertford County Middle School
gymnasium, 10 a.m.

Christmas Bazaar
& Country Store
Nov. 14, Arapahoe
Arapahoe United Methodist
Church, 8 a.m.,
(252) 249-1801

Cassatt String Quartet Concert
Nov. 14, Oriental
Pamlico County Civic &
Cultural Center, 8 p.m.,
(252) 249-3079

Sound Country Celebration
Nov. 14-15, Edenton
At Waterfront, (252) 482-2282

Queen Anne's Revenge Artifacts
Nov. 20-Dec. 4, Wilmington
Blackbeard's ship, Cape Fear
Museum, (910) 341-4350

Farm-City Festival
Nov. 21, Plymouth
Downtown, (252) 793-2163

Gators!
Nov. 21, Wilmington
Family science at Cape Fear
Museum, (910) 341-4350

Open House
Nov. 22, Winnabow
Brunswick Town/Fort Anderson,
(910) 371-6613

Old Fashioned Christmas
Nov. 27, Bellhaven
Downtown, 10 a.m.

Craft Show
Nov. 27-28, Buxton
Cape Hatteras School, 10 a.m.-
4 p.m., (252) 995-4551

Festival of Trees
Nov. 28-Dec. 6, Wilmington
Wilmington Hilton, benefits
Lower Cape Fear Hospice,
(910) 772-5444

Christmas Candlelight Tours
Dec. 1 & 3, Fremont
Charles B. Aycock Birthplace,
(919) 242-5581

Holiday Craft Show
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Bentonville Battleground,
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Carolina Bays Mystery
Dec. 6, Wilmington
Dr. Thomas Ross speaks at
Cape Fear Museum,
(910) 341-4350

Christmas Open House
Dec. 6, Creswell
Somerset Place, (919) 797-4560

Festival of Trees
Dec. 6-8, Lumberton
Holiday Inn, benefits Hospice
of Robeson, (910) 671-5577

Parade and Open House
Dec. 6, Bath
Historic Bath, (919) 923-3971

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Nov. 27-Dec. 22, New Bern
Tryon Palace, (800) 767-1560

Deck the Doors Tour
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Holiday Secrets Tour
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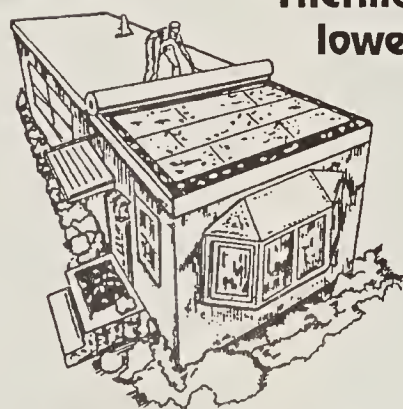
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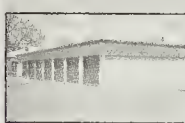

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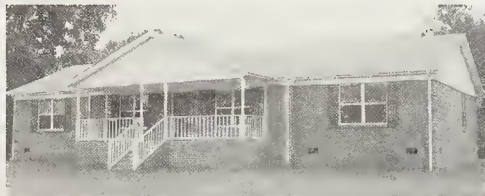
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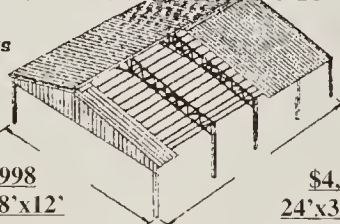


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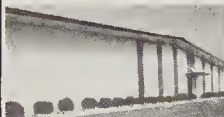
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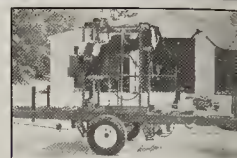
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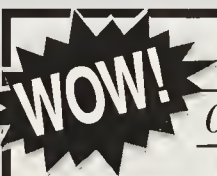
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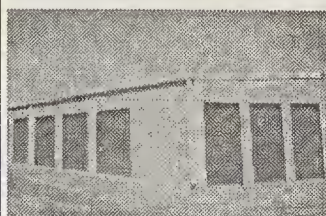
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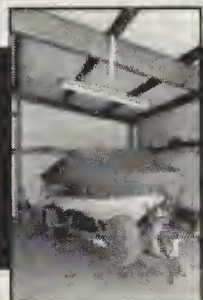
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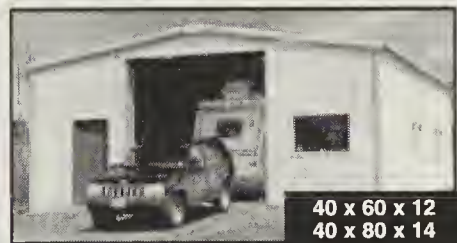
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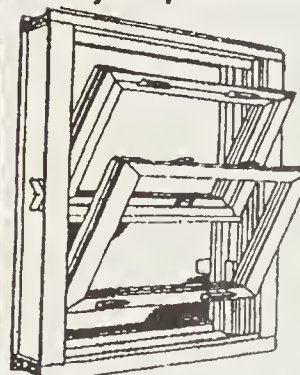
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Quiet, efficient dishwashers

For a typical family of four, a dishwasher can be a significant electricity user. It uses some electricity to operate the motors and even more to heat the water and dry the dishes.

Even though an old dishwasher still works, installing a new one can be a wise financial investment. Whereas a typical old dishwasher uses about 12 gallons of hot water per load, the quietest new designs use as little as four gallons. Over its life, the savings can pay back its cost.

Also, for acceptable cleaning with your old one, you most likely have to keep your water heater thermostat set at 140 degrees. Many new models have built-in heating elements so that you can keep your water heater set at 120 degrees and still get clean dishes.

The noise level also has been reduced to a whisper in the best models. Look for a model with heavy wall insulation, especially heavy felt/asphalt pads bonded to the tank (same as used in Mercedes cars). This blocks sound and vibration and keeps the water hot for energy savings, too. Another good design feature is an automatic-closing vent (during the wash cycle) to further reduce noise.

The most efficient and quiet dishwashers use two small motors and pumps instead of one large reversing motor/pump assembly. One powerful high-pressure pump is used just for spraying during the wash portion of the cycle. The second quiet higher-volume, but low power pump, is used just for draining the dirty water out of the tank after each wash cycle.

With a two-pump system, each pump is smaller, so a smaller water reservoir is needed in the bottom of the dishwasher. This requires less hot water. Another advantage of using separate drain and wash pumps is better cleaning. Since the wash pump is not used to drain the dirty water, there is less chance of residual tiny food specks on the cleaned dishes.

Whether you choose a super-efficient two-pump or a single-pump system,

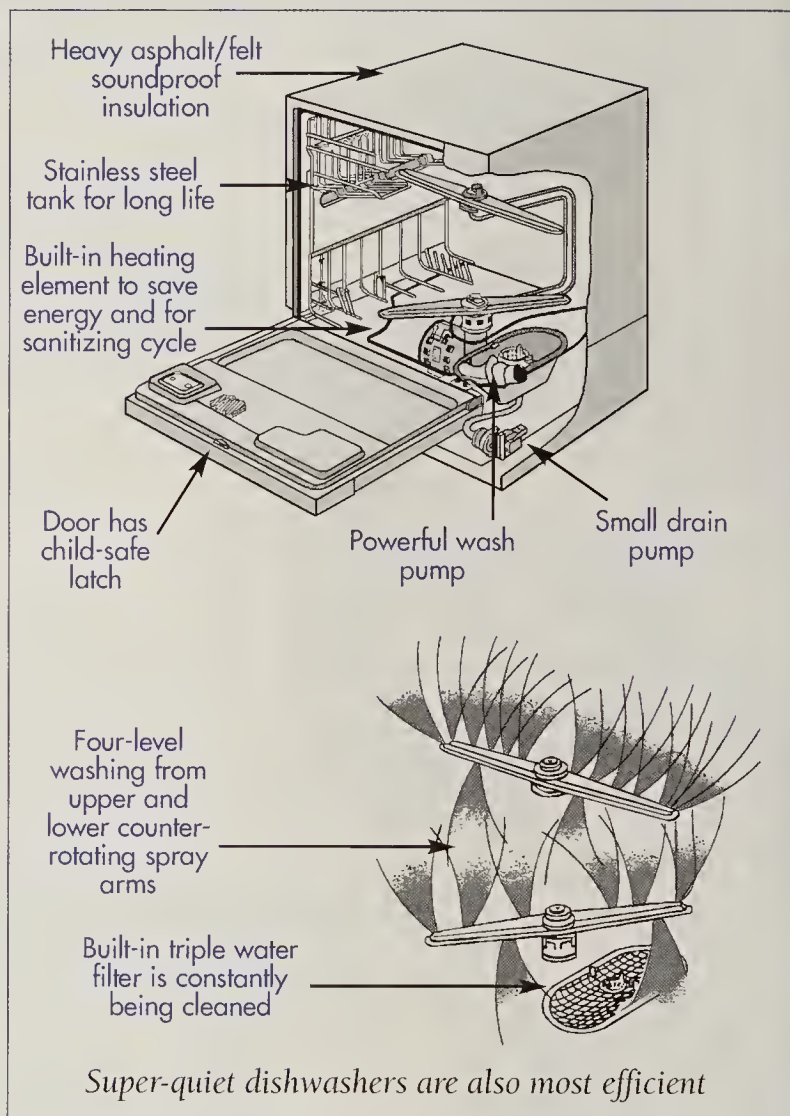
select a model with triple self-cleaning filtration. The wash water is highly filtered during each washing cycle. At the end of each wash cycle, the waste water automatically flushes out and cleans the filters. If you often put dishes in with large chunks of food on them, consider a model with a built-in food grinder.

Although some new models have up to eight wash cycle settings, you will probably only use three or four of them. An optional super-high temperature sanitizing setting is a good, healthful option, as well as a built-in heating element that heats the water to between 160 and 180 degrees for sanitizing. All these models have child-safe knobs to lock it shut.

A fairly new efficient and convenience feature on some models is an automatic cycle sensor (CleanSensor or Intellisense). These models sense the amount of soil on the dishes and adjust the cycle time and water temperature to the most efficient settings for adequate cleaning. Most of them work by shining a light through the initial wash water to determine the amount of dissolved food soil.

Several of the high-quality stainless steel European models use a condensing method of drying to eliminate excess heat and humidity in the summer. Cool room air is circulated in a heat exchanger to condense the sealed dryer air and the moisture drips into the bottom of the tank.

A new model (by Aquatec), just being introduced into the U.S., uses a very tough, never-rust, polypropylene



foam tank. This muffles the noise and insulates it to keep the water hot for efficiency. There is also a quiet portable mini-dishwasher (by Richlund) which can be placed on a kitchen counter after dinner. Its size is only about an 18-inch cube.

Write for Utility Bills Update No. 703 — buyer's guide of the most efficient and quietest dishwashers, explaining water usage, number of pumps, wash cycles, convenient features, prices and efficiency tips. Please include \$2 and business-size, self-addressed stamped envelope and mail to:

James Dulley, Carolina Country, P.O. Box 54987, Cincinnati, OH 45254.

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Hank's gardening guide

by Hank Smith

Now is the time for planting woody ornamentals. Both bare-root and balled-and-burlapped stock will appear in garden centers as soon as plants go into dormancy. If not already accomplished, tidy up all outside areas by pruning out broken and diseased limbs, removing diseased plants and raking all fallen leaves from the lawn. Sharpen garden tools for spring planting and pruning. Mulch heavily any tender plants. Plant some spring-flowering bulbs in containers for use on the patio and indoor windows. Chrysanthemums and late-flowering dahlias are the flowers of the hour.

Screen with shrubs

Evergreen hedges can act as a fence or wall to hide unsightly views and to determine property lines. Tall hedges of ligustrum, cherry laurel, holly, photinia and eleagnus are among shrubs that serve well as screens. They also create a strong background for lower-growing flowering shrubs, which can be faced down with beds of bulbs, annuals and perennials.

Winter mowing

When cutting newly seeded fescue or bluegrass lawns, raise the cutting height of the mower a notch. The grass will have more leaf area and produce more food to store for next spring.

Asparagus

Set out plants from now until early spring. They'll occupy a rather permanent spot in the garden. Prepare soil well by tilling deeply at least 12 inches. Work in about one-third organic matter and two-thirds fertile garden soil. Plant crowns about three inches deep and 18 inches apart in rows four feet apart. Cover with three inches of mulch.

Need changes?

While spring and summer gardening experiences are still fresh in mind, now is a good time to take corrective action. Changes may be needed in vegetable or flower garden location or size. A garden of proper size for your family a few years ago now may be too large and demanding in care. A good sunny spot then may be shaded by trees today. If no other site is available, some tree pruning could be the answer. Branch pruning and selective tree removal are timely fall projects. Perhaps there is a bank with a steep slope that creates problems in mowing. You may need to consider cutting back the bank, or building a retainer wall to improve the situation. Major changes of this kind will allow soil to settle before the next growing season. Now's an ideal time to take soil samples as well.

Fruits and berries

Plant fruit trees, blackberries, blueberries and bunch grapes. For best results in variety selections and cultural practices, follow recommendations of your Cooperative Extension office.

Vegetables

Fast-maturing vegetables such as turnips for greens, garden cress and radishes can be sown. The flavor of turnips, parsnips and kale is improved if harvested after the first frost. Lettuce and spinach make a winter crop if planted in a cold frame.

Chinese hibiscus

Chinese hibiscus must be protected from freezes. They should be cut back, dug, potted and brought indoors. Place them in the sunniest room or a greenhouse. Blooms will be less than when growing outdoors in the summer, but the plants will be protected for use again next year.

Bare-root roses

Prepare now for planting bare-root roses, soon to become available in garden centers. Select a spot with at least six hours of sunlight per day. Afternoon shade is preferable to morning shade because blooms tend to retain their color for a longer period. Do not plant near trees or large shrubs that are heavy surface feeders because roses will be deprived of both nutrients and moisture. Circulation of air is important, as growth is unsatisfactory where air becomes stagnant. Good drainage is essential. Vigorous rose bushes produce roots that extend to a depth of 15 to 20 inches. The addition of builders sand, compost, straw, aged manure or similar material improves texture of heavy clay soil. Organic materials such as compost or peat moss, well spaded into the bed, will greatly increase the water-holding capacity of sandy soil. The preparation of the bed should be completed at least three weeks before planting. If bare-root plants are obtained earlier, keep roots moist until planting time.

Liming

If a soil test indicates that lime is needed in either your vegetable garden or lawn, November is a good month for applying it. Spread the recommended amount evenly over the surface. The lime works very slowly into the soil.



Ligustrum (shrubs)

Blueberry

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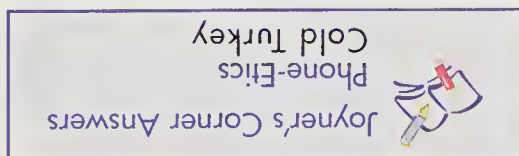
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Top off your holiday feast with North Carolina pecans

North Carolina's pecan harvest runs from about Nov. 1 through December. According to the N.C. Department of Agriculture, approximately 1,500 acres in 45 counties are involved in growing pecans. In an average year, between 4 million and 5 million pounds of in-shell pecans are produced in our state.

When selecting fresh pecans, choose ones that are plump and uniform in color when shelled. Avoid unshelled pecans that contain evidence of insect damage. Weevil damage will be apparent by small holes bored into the shell. The ideal time to purchase pecans is during the fall harvest when the nuts are fresh and in plentiful supply. Purchase enough to freeze for year-round use.

Proper storage of pecans is critical due to their high oil content. Refrigerate shelled or unshelled nuts at 32-35 degrees for up to one year. Store shelled or unshelled nuts in a 0-degree freezer for up to two years. Always store pecans in airtight containers. Zip-lock bags are ideal. Pecans can absorb odors of other foods, so avoid storing them in the same area with apples, citrus or other strong smelling products.

For more information, contact the NC Pecan Growers Association, c/o Bill Bunn, PO Box 435, Bailey, NC 27807. E-mail: carya@intrex.net

Traditional Pecan Pie

1 cup pecan halves or pieces
4 eggs, beaten
3/4 cup sugar
1/2 teaspoon salt
3/4 cup light corn syrup
3/4 cup dark corn syrup
1 tablespoon butter, melted
1 teaspoon vanilla
Unbaked pie crust

Mix eggs, sugar, salt, corn syrup, butter and vanilla together. Preheat oven to 400 degrees. Pour filling into pan and top with pecans. Place pie into oven and reduce heat to 350 degrees. Bake for 40-50 minutes. Cool.



Texas Pecan Growers Assn.

Here are some holiday favorites submitted by readers.
(from the Carolina Country archives)

Pumpkin Holiday Delight

Submitted by Jackie Blanton, Kings Mountain

1 graham cracker pie crust	1/2 teaspoon salt
17-ounce bag miniature marshmallows	1 teaspoon vanilla
2 cups pumpkin (small can)	1 cup coconut (optional)
1 teaspoon cinnamon	1 cup whipped topping
1/2 teaspoon allspice	

Garnish: whipped topping, pecans or walnuts, coconut

Place pumpkin, marshmallows, spices, salt and vanilla in small saucepan on low heat until marshmallows are melted. Cool Mixture. Add 1-cup coconut (optional) and 1 cup whipped topping. Spoon into crust. Top with whipped topping. Garnish with nuts or coconut. Place in freezer or refrigerator. (Quick, easy, delicious, no bake pie!)

Holiday Rum Cake

Submitted by Camille Roberts, Seven Springs

Cake:

1 cup chopped pecans/walnuts	1/2 cup cold water
18-ounce package of yellow cake mix	1/2 cup vegetable oil
3 3/4-ounce package of instant vanilla pudding mix	1/2 cup rum (80 proof)
4 eggs	

Preheat oven to 325 degrees F. Grease and flour 10-inch tube or 12-cup Bundt pan. Sprinkle nuts over bottom of pan. Combine all ingredients until well mixed. Pour over nuts. Bake one hour. Cool. Invert onto serving plate. Prick top of cake.

Glaze:

1/4 pound butter or margarine	1 cup granulated sugar
1/4 cup water	1/2 cup rum (80 proof)

Melt butter in saucepan. Stir in water and sugar. Bring to a boil for 5 minutes, stirring constantly. Remove from heat and stir in rum. Drizzle glaze and repeat drizzling until glaze is used up.



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